Launch of Dental Hygienists Supplement in the Dental Tribune Middle East

By Dr. Maimona A. Rahim, DDS

Dubai, UAE: The GCC Oral Health week is the annual celebration of all the efforts during the year to improve Oral Health. This year the celebrations will take place on 20th March 2014 at the Arabian Center – Al Khawanij Road in Dubai starting from 16:30 – 10:00 with the slogan being “Teeth, Health & Beauty”. The day will highlight on bad oral health habits, maintaining good oral hygiene and the important role of dental visits. The targeted audience are all age groups, children, adults, men and women.

The event will be held under the patronage of Mr. Nasser Al Budor, Director of Dubai Medical District and Dr. Alia Sultan, Director of Dental Services at the Ministry of Health. This wonderful celebration is made possible in collaboration with Dubai School for Dental Medicine (DSDM) and sponsored by Philips, Jordan, Beverly Hills tooth paste and First Gulf Bank. Several dentists from DSDM, Al Baraha Hospital Dental Department and various different clinics from UAE will be carrying out oral examinations, education, experiments, competitions and photo shooting throughout the day. Giveaways will be distributed by Jordan and Beverly Hills with 10 electric tooth brushes being sponsored by Philips for a competition. Balloons will be distributed by DSDM. The success of this event will be brought together by a team work of all including the Mall administration, Sponsors, Dentists and Audience.

All are invited and welcome to celebrate with us World Oral Health Day.

British Dental Hygienists and Dental Therapists

Celebrating World Oral Health Day
20th March 2014

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Dental Hygienists are targeted completely to Dental Hygienists profession, had an important vision. He wanted to create a new paradigm for dentistry that focused on prevention and promotion of oral health instead of simply tooth loss and disease. Alfred’s cousin, Irene New, became the first known Dental Hygienist and in 1915 they opened the first dental hygiene School.

After qualifying as a Dental Hygienist & Dental Therapist from the Eastman Dental Hospital in the UK over 10 years ago, I became acutely aware of the public’s lack of knowledge as to what we do within the dental clinic. At that time, a good deal of further education was also required to educate people on our role within the community. Ten years has passed and it would now be difficult to find a clinic in the UK without a Hygienist. I can also see that this is the direction that clinics are taking in the UAE. The prevention and education that Hygienists provide is fundamental to all dental treatments.

The question still remains in the Middle East - does every member of the dental team completely understand what the Hygienist can bring to the clinic?

The following list can help provide an insight into our skills and valuable contributions. The Dental Hygienist will:

- Provide dental hygiene care to patients.
- Plan the delivery of care for patients to improve and maintain their periodontal health.
- Obtain and evaluate a detailed dental and medical history from patients.
- Complete periodontal examinations and charting and use indices to screen and monitor periodontal disease.
- Provide preventive oral care to patients and liaise with dentists and patients on the treatment of caries, periodontal disease and tooth wear, as well as replacement of existing deficient restorative treatment.
- Undertake supragingival and subgingival scaling and root debridement using manual and powered instruments and administer appropriate antimicrobial therapy to manage plaque related diseases.
- Apply topical treatments and fissure sealants.
- Offer patients advice on how to quit smoking.
- Take, process and interpret various film views used in general dental practice.
- Take impressions.
- Identify anatomical features, recognize abnormalities and interpret common pathology as well as carry out oral cancer screening.
- Refer patients to other dental professionals and discuss opinions for further dental treatment.
- Perform Tooth Whitening procedures to the prescription.
- Assist in the delivery of complete dental care, and in the promotion and restoration of our patients’ oral health.

It is an extremely exciting time for Hygienists in this region, as we continue to gain more recognition for our skills and qualifications. Dental professionals are increasingly becoming aware of our key role within the dental practice, both as a valued team member in the delivery of complete dental care, and in the promotion and restoration of our patients’ oral health.

In 1906, Alfred Fones, an American dentist from Bridgeport, Connecticut, who is also the founder of the Hygieneist profession, had an important vision. He wanted to create a new paradigm for dentistry that focused on prevention and promotion of oral health instead of simply tooth loss and disease.

The Dental Hygienist was the direction that clinics are taking in the UAE. The prevention and education that Hygienists provide is fundamental to all dental treatments. The following list can help provide an insight into our skills and valuable contributions. The Dental Hygienist will:

- Complete periodontal exam.